

Belford House

## Join us for our **DEMENTIA TALK**

## Tuesday 14th October at 3pm

We are delighted to welcome Dementia-Friendly Alton to Belford House for an informative and supportive session on dementia

- Understand what dementia is
- How it affects those living with it
- How we can support family, friends and carers

Plus, join us for afternoon tea, and a chat with our team. We look forward to welcoming you!

To RSVP, call: 01962 773588 or email: belford.activities@hartfordcare.co.uk 93 Lymington Bottom, Four Marks, Alton, GU34 5AH